



## Mr. Frederick James Seitz

March 21, 1941 - October 26, 2022

Frederick James Seitz 81 died October 26, 2022 at Gosnell Health and Rehab. He was born on March 21, 1941 in Dyess, Arkansas to James and Ruth Seitz. Frederick had a contagious smile that lit up the room. He never met a stranger and never forgot a face.

He joined the United States Navy in May of 1959 and served on many tours of sea duty during his honorable 20 year career as an aviation mechanic. In June 1967 Frederick was in squadron VAW-123 which set sail aboard USS Forrestal for Vietnam becoming the first East Coast VAW squadron to go to war. He was aboard the USS Forrestal when a portion of the aircraft carrier went up in flames off the coast of Vietnam in 1967. He retired in May of 1979 aboard the USS Nimitz stationed in Norfolk, Virginia.

Frederick was a member of 40 & 8 Voiture West Memphis American Legion Post 53 and loved to socialize at all the dinners and special events. He enjoyed gardening and loved flowers, had a passion for reading, and was an advocate and supporter of the public library and local EMT communities. Frederick was an extraordinary man with a big heart.

He was preceded in death by his wife Margie Cobb Seitz; his parents James and Ruth (Matlock) Seitz; his brother Terry Seitz; his niece Kristi Seitz Chandler and sister in law Martha Seitz.

Frederick leaves behind two daughters Cindi Cutts of Winter Haven, Florida and Lynn (Tim) Frerichs of Hollywood, Maryland; one step son Myron (Caroline) Brand of Elyria, Ohio; five grand children Amy (Gina) Lucci, Cristi (Cameron) Manchester of Erie, Pennsylvania, Lindsey (Andrew) Anderson of Daytona Beach, Florida, Matthew Hardman of Redondo Beach, California and Shawnee Frerichs of Lexington Park, Maryland; two great grandchildren Morgan Manchester and Taylor Manchester; his brother Jon Mark Seitz of Bartlett, Tennessee; nieces Miki Bryant, Kelli Edmonds and Julie Bruce; one nephew Mark Seitz along with many great nieces, nephews and lifelong friends.

There will be a Memorial Service at Connection Church in Blytheville with Pastor Paul

Winters officiating. Following the service Frederick will be laid to rest at the Arkansas State Veterans Cemetery at Birdeye.

The family has requested in leu of flowers please consider giving to a local Wounded Warrior Project and/or to St. Jude Children's Research Hospital.

Tri-City LLC Crematory Funeral Home is honored and privileged to serve the Seitz family. Memories and condolences may be shared with the family at [www.Tri-CityLLC.com](http://www.Tri-CityLLC.com) .

# Previous Events

## Celebration of Life

NOV 10. 10:30 AM (CT)

Connection Church  
4110 Memorial Drive  
Blytheville, AR 72315

## Burial

NOV 10. 2:00 PM (CT)

Arkansas State Veterans Cemetery at Birdeye  
3600 Highway 163  
Cherry Valley, AR 72324  
<https://www.cem.va.gov/cem/grants/state.asp?STATE=AR>

# Tribute Wall

LP

“ Rick lived next us in California, Maryland when my husband and Rick were in the Navy. When my husband was gone Rick was always talking with my kids and if there was a problem they always called Rick and so I. He was a wonderful neighbor along with his family. Many years later in Iowa getting gas and low and behold he walked by and we recognized him. I guess we spent a good while talking about the good days when we were young and so were our kids. .Hope these memories will show you what a good man he was.

Leon and Pat Pace - November 02, 2022 at 09:29 PM

MB

*My condolences to you.*

myron brand - November 11, 2022 at 02:19 PM

MW

*Fred and I were friends when we served in the Navy, at Guantanamo Bay Cuba. I lost track of him which I regret.*

Michael Whisman - May 21, 2023 at 09:30 AM

JJ

*Served with Freddy in VF 124 Miramar back in 1963/4/5. Found his phone number and while traveling through Memphis area in 2010 stopped and met him. Hadn't seen him in 45 years. Also hadn't changed. Only his weight. Great guy. RIP.*

jim johnson - August 09, 2024 at 05:09 AM